

Junipero Serra High School Track and Field Varsity Records

All running records beginning with the 1996 season must be Fully Automatic Timing

100m	Nate Harvey	10.77	2010
100 yard	Steve Firenze	9.7	1962
200m	Kyle Orloff	21.47	2014
220 yard	Rick Fambrini	21.9	1959
220 yard straight	Steve Firenze	21.5	1961
400m	Kyle Orloff	47.52	2014
800m	Jerry Tallon	1:52.5	1966
1600m	Stan Ross	4:08.2	1977
3200m	Adam Perez	9:27.20	1998
110m HH	Jeff Molumby	14.68	2000
300m IH	Doug Smith	37.8	1981
400m IH	Lester Branson	55.14	1982
2000m Steeplechase	Tony Martinelli	6:47.27	2001
3000m Steeplechase	John Woods	11:16.2	1983
5000m	Adam Perez	15:54.00	1998
4x100m Relay	Erich Wilson, Don Andre' Clark, Ricky Rosario, Nate Harvey	42.11	2009
4x200m Relay	Dan Dyer, Bill Johnston, Dan Johndrow, Ron Muzio	1:31.0	1965
4x400m Relay	Noriega Moffett, Jeremiah Testa, Scott Fitzpatrick, Armon Plummer	3:17.96	2016

4x800m Relay	Lester Branson, Matt Gowen, Rob Wickstrom, Steve Scholz	8:06.0	1983
4x1600m Relay	Kareem Barghouti, Carlos Ramirez, Michael Delaurenti, Chris Furnari	18:33.80	2004
4x3200m Relay	Michael Delaurenti, Chris Furnari, Kareem Barghouti, Stephen Sweeney	41:04.0	2004
Distance Medley 1200, 400, 800, 1600	Nick Cirigliano, Angelo Fobbs-Valentino, Alex Aycinena, Scott Drexel	10:41.55	2002
Sprint Medley 400, 200, 200, 800	Mike LaForge, Andy Damonte, Joe Menzel, Stan Ross	3:36.5	1977
Long Jump	Lynn Swann	24'10.5"	1970
Triple Jump	Aven Wright	48'2"	2005
High Jump	Parker McDonald	6'7"	2017
Pole Vault	Chris Bet	15' 4"	2009
Shot Put	Jonathan Beering	59'10.5"	2013
Discus	Dave Cvitanovic	169'9.5"	1987

**Junipero Serra High School
Track and Field
Frosh-Soph Records**

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100m	Erich Wilson	10.91	2010
100 yard	Bart Price	10.1	1971
200m	Angelo Fobbs-Valentino	22.24	2002
400m	Angelo Fobbs-Valentino	49.13	2002
800m	Rob Wickstrom	1:59.0	1983
1600m	Stan Ross	4:25.2	1975
3200m	Adam Perez	9:43.80	1996
65m HH	Clyde Lamonte	8.8	1971
300m IH	Armon Plummer	41.03	2014
400m IH	Armon Plummer	1:00.06	2014
4x100m Relay	Mark Timko, Chad Baur, Larry Moore, Erich Wilson	44.36	2009
4x200m Relay	Robert Belvini, Matt Sevelo, Sam Gozun, Cody Beratlis	1:38.58	2005
4x400m Relay	Noriega Moffett, Jordan Kenison, Armon Plummer, Jeremiah Testa	3:30.25	2014
4x800m Relay	Jeff Grogan, Anthony Hu, Cole Jones, Michael Wise	8:40.83	2005
4x1600m Relay	Michael Borg, Steven Borg, Jason Chorpening, Robert Broderick	19:39.82	2004

Distance Medley 1200, 400, 800, 1600	Dominic Vogl, Matt O'Connor, Chris Furnari, Carlos Ramirez	11:12.05	2002
Sprint Medley 400, 200, 200, 800	Lester Branson, John Davis, Mike Meredith, Mark Mendoza	3:51.8	1980
Long Jump	Mike Banks	21'11"	1972
Triple Jump	Dalyn Pacheco	45' 7"	2009
High Jump	Parker McDonald	6'7"	2017
Pole Vault	Talon Bennett	13'6"	2014
Shot Put	Jason Dossey	57'0"	1990
Discus	Jason Dossey	166'0"	1990